

# DENVER HIV RESOURCES PLANNING COUNCIL

## **Metro Denver AIDS Services Coalition (MDASC)**

ARTS Building  
**October 20, 2009**  
9:30 – 11:00am

### **Minutes**

#### **Mental Health and Substance Abuse (MH/SA Workgroup)**

- Introductions
- Approval of Minutes
- Denver Office of HIV Resources Update
- Discussion Items
  - Background to the issue
    - The HRSA definitions of the mental health and substance abuse as separate service categories.
      - Address underlying issues
  - Likelihood of co-existing disorders
- Review the current standards of care for possible revisions
  - In – Out patient – split in two
  - Needs assessment data that seems to show underutilization
  - The five substance abuse treatment levels of care as depicted in the ASAM PPC-2R, with associated placement criteria
    - How should the standards of care address these different levels and placement criteria?
    - What is the need for and availability of all five levels?
      - 0 – 5 Early Intervention
      - 1 – Outpatient
      - 2 – Intensive Out
      - 3 – Residential
      - 4 – Medical
      -
  - What type of service is available to help people move through the stages of change?
  - What is cost effective treatment?
    - Ryan White only funds level 2
    - Matching clients needs
    - Part B funds some hospitalization

- Behavioral Health
  - Access 1 and Access 2
  - How do we fund this and take funds from that?
  - Collaborations with other agencies.
  - Don't mess with current standards too much
  - Standards exist to effect contracts
  - This is a much longer discussion
  - There are resources already in existence
    - Resource Inventory in Denver?
    - Are clients receiving both MH/SA care?
    - Are they in primary care?
- Needs Assessment /Mental Disorders
  - Is there a time limit?
    - Counseling
    - Therapy
    - Methadone Treatment
  - The Denial Factor
  - The Case Manager
    - Role
    - Assessment
  - Ryan White Services?
  - Substance Abuse #s low compared to Mental Health #s
  - The End Goal - A single source
- What is the most productive thing for this workgroup?
  - Resource Inventory
  - Linking clients to care
  - What is our goal?
  - Results?
  - Mental Health Care
  - The payer of last resort
  - What do we want to see?
    - Education – Clients
    - Directives?
    - Identify an issue
    - It's a process
  - Focus on (first)
    - Who
    - What
    - Where
    - Then have a goal
    - Quality Improvement – Information
    - DMS – Takes direction from the city
  - Resource Inventory might already exist
  - Needs Assessment – Focus Group
    - Gathering Data
      - How many people are diagnosed with MH/SA?

- Self disclosure
    - Service reporting
  - The Data Free Zone?
    - Specific Survey
    - Publicly funded?
    - Privately funded?
    - ADAD
  - What is our reality?
  - Ace Directory
- Other research on substance use and mental health treatment
  - Help-seeking behaviors
  - Brief therapy
  - Natural resolution with minimal treatment
  - Buprenorphine and other interventions that could be delivered in medical settings
  - Matching people to care
  - ADAD – The Basics
  - HIV Issues
  - Mental Health Youth
  - Comfortable – Easy
  - Problem Clients
  - First Step to Wellness
- Next Steps
  - Who is at the table and who needs to be?
  - What are the tasks and who can best address these tasks?
    - Maria's budget
    - Planning
    - Evaluator
    - Needs Assessment
    - Where do we want to start?
    - Evaluation and Assessment Committee
    - How do we structure the tool
    - Attract a Professor/Intern
    - Great marriage between Schools/MDASC?
    - Great School Project for interns
    - We need smart people
    - Bob G – State Info – TGA – ADAP Survey – Internal people
    - Find ways to ask questions
    - Contact School of Public Health – First
    - Focus Groups
    - Contracting
    - Meet with Robin Listen – Maria
    - Meet with Susan Manning – Mary Ann
    - Explore other resources – Inventory
    - Email
    - Meeting with Public Health Officials UCD Public Health – Robert

- Meet with School of Social Work – Jessica
- Published Research – Bob G
  - Changing Addictive Behavior – Book
  - Tucker Donovan Marlatt
- Next Meeting: Mental Health and Substance Abuse (MH/SA) Workgroup
- December 15, 2009 (3<sup>rd</sup> Tuesday of every other month)
- 9:30 – 11:00 am
- 2121 E 18<sup>th</sup> Street (ARTS)